



Native Milkweeds

Jay Parsons - 402-657-6929 - parsonsgardens.com -   @parsonsgardens - Olathe, KS

Butterfly Milkweed - *Asclepias tuberosa*

- Height: 2 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Taproot
- Flowers: June & July - Color: Orange
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly



Common Milkweed - *Asclepias syriaca*

- Height: 3-4 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Rhizomatic Roots
- Flowers: June & July - Color: Light Pink
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly





Showy Milkweed - *Asclepias speciosa*

- Height: 4 feet - Width: 2-3 feet
- Growth: Upright Wildflower - Rhizomatic Roots
- Flowers: June & July - Color: Pink
- Native: Western Kansas
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly





Spider Milkweed - *Asclepias viridis*

- Height: 1-2 feet - Width: 2-3 feet
- Growth: Upright Wildflower - Rhizomatic Roots
- Flowers: May & June - Color: Creamy White & Purple
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly





Swamp Milkweed - *Asclepias incarnata*

- Height: 3-4 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July & August - Color: Pink
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly





Whorled Milkweed - *Asclepias verticillata*

- Height: 1-2 feet - Width: 1 foot
- Growth: Upright Wildflower - Rhizomatic Roots
- Flowers: July & August - Color: White
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Monarch Butterfly





Native Asters

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New England Aster - *Aster novae-angliae*

- Height: 4-6 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July, August, & September - Color: Lavender
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source & Larval Host for Pearl Crescent Butterfly





Sky Blue Aster - *Aster azureus*

- Height: 2-3 feet - Width: 1 foot
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: August, September, & October - Color: Light Blue
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds





Smooth Blue Aster - *Symphyotrichum laeve*

- Height: 3-4 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: August & September
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium to Wet - Color: Blue
- Wildlife Benefit: Nectar, Seed for Birds, & Larval Host for Ottoe Skipper





Native Blazing Stars

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Meadow Blazing Star - *Liatris ligulistylis*

- Height: 4-5 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Corm
- Flowers: August & September - Color: Lavender Purple
- Native: Missouri & Nebraska
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds



Prairie Blazing Star - *Liatris pycnostachya*

- Height: 3-4 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Corm
- Flowers: July & August - Color: Pinkish Purple
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds





Rough Blazing Star - *Liatris aspera*

- Height: 3-5 feet - Width: 1 foot
- Growth: Upright Wildflower - Corm
- Flowers: August & September - Color: Purplish Pink
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds





Native Coneflowers

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Orange Coneflower - *Rudbeckia fulgida* var. *umbrosa*

- Height: 2-3 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July & August - Color: Golden Yellow
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds



Purple Coneflower - *Echinacea purpurea*

- Height: 3-4 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: June, July, & August
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium to Wet - Color: Lavender Purple
- Wildlife Benefit: Nectar, Seed for Birds, & Larval Host for Ottoe Skipper





Sweet Black-Eyed Susan - *Rudbeckia subtomentosa*

- Height: 4-5 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July & August - Color: Yellow
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds





Native Goldenrods

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Showy Goldenrod - *Solidago speciosa*

- Height: 4-5 feet - Width: 2-3 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: September & October - Color: Yellow
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds



Stiff Goldenrod - *Oligoneuron rigidum*

- Height: 3-5 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: September & October - Color: Yellow
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds





Native Wildflowers

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Blue Sage - *Salvia azurea*

- Height: 4-5 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Taproot
- Flowers: August & September - Color: Light Blue
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators





Common Ironweed - *Vernonia fasciculata*

- Height: 4-6 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July & August - Color: Purple
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source & Larval Host for American Painted Lady Butterfly



Culver's Root - *Veronicastrum virginicum*

- Height: 4-5 feet - Width: 2-3 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: June, July, & August - Color: White
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators



Dwarf Blue False Indigo - *Baptisia australis* var. *minor*

- Height: 2-3 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Taproot
- Flowers: May & June - Color: Blue
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host for Clouded & Orange Sulfur Butterflies





Early Sunflower - *Heliopsis helianthoides*

- Height: 4-5 feet - Width: 2-3 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: June, July, & August - Color: Golden Yellow
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators & Seed for Birds



Hoary Vervain - *Verbena stricta*

- Height: 3-4 feet - Width: 1 foot
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: June, July, & August
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium - Color: Lavender Purple
- Wildlife Benefit: Nectar Source & Larval Host for Common Buckeye Butterfly



Joe Pye Weed - *Eutrochium maculatum*

- Height: 4-5 feet - Width: 3-4 feet
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July, August, & September - Color: Pink
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Medium to Wet
- Wildlife Benefit: Nectar Source for Pollinators





Prairie Pussytoes - *Antennaria neglecta*

- Height: 1 foot - Width: ½-1 foot
- Growth: Ground Cover - Rhizomatic Roots
- Flowers: April & May - Color: White
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host for American Painted Lady Butterfly



Purple Prairie Clover - *Dalea purpurea*

- Height: 1-2 feet - Width: 1-2 feet
- Growth: Upright Wildflower - Taproot
- Flowers: June & July - Color: Pinkish Purple
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host for Southern Dogface Butterfly



Rattlesnake Master - *Eryngium yuccifolium*

- Height: 3-5 feet - Width: 1 foot
- Growth: Upright Wildflower - Taproot
- Flowers: June, July, & August - Color: White
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source & Larval Host Plant for Black Swallowtail Butterfly



Royal Catchfly - *Silene regia*

- Height: 2-4 feet - Width: 1 foot
- Growth: Upright Wildflower - Fibrous Roots
- Flowers: July & August - Color: Red
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators - Hummingbirds





Natives for Shade

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Foamflower - *Tiarella cordifolia*

- Height: 1 foot - Width: 1 foot
- Growth: Ground Cover - Fibrous Roots
- Flowers: April & May - Color: White
- Native: East of the Mississippi River
- Sun: Partial Sun to Shade
- Soil: Medium
- Wildlife Benefit: Nectar Source for Pollinators



Wild Geranium - *Geranium maculatum*

- Height: 1-2 feet - Width: 1 foot
- Growth: Ground Cover - Rhizomatic Roots
- Flowers: April & May - Color: Pink
- Native: Kansas & Missouri
- Sun: Partial Sun to Shade
- Soil: Dry to Medium
- Wildlife Benefit: Nectar Source for Pollinators



Wild Ginger - *Asarum canadense*

- Height: 6-8 inches - Width: 1-2 feet
- Growth: Ground Cover - Rhizomatic Roots
- Flowers: April & May - Color: Green
- Native: Kansas & Missouri
- Sun: Shade
- Soil: Medium
- Wildlife Benefit: Larval Host for Pipevine Swallowtail Butterfly





Native Grasses

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Indian Grass - *Sorghastrum nutans*

- Height: 6-7 feet - Width: 2-3 feet
- Growth: Clumping Grass - Fibrous Roots
- Flowers: August & September
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium to Wet - Color: Blueish Green to Gold
- Wildlife Benefit: Seed for Birds & Larval Host for Skippers





Little Bluestem - *Schizachyrium scoparium*

- Height: 2-3 feet - Width: 1-2 feet
- Growth: Clumping Grass - Fibrous Roots
- Flowers: July, August, September, & October
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium - Color: Blueish Green to Copper
- Wildlife Benefit: Seed for Birds & Larval Host for Skippers
- * State Grass of Kansas



Prairie Dropseed - *Sporobolus heterolepis*

- Height: 2 feet - Width: 2-3 feet
- Growth: Clumping Grass - Fibrous Roots
- Flowers: July, August, & September
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium - Color: Green to Gold
- Wildlife Benefit: Seed for Birds & Larval Host for Skippers



Side-Oats Grama - *Bouteloua curtipendula*

- Height: 2-3 feet - Width: 1-2 feet
- Growth: Clumping Grass - Fibrous Roots
- Flowers: July, August, & September
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium - Color: Green to Straw
- Wildlife Benefit: Seed for Birds & Larval Host for Skippers





Switchgrass - *Panicum virgatum*

- Height: 3-4 feet - Width: 2-3 feet
- Growth: Clumping Grass - Fibrous Roots
- Flowers: July, August, & September
- Native: Kansas & Missouri
- Sun: Full to Partial Sun
- Soil: Dry to Medium to Wet - Color: Green to Gold
- Wildlife Benefit: Seed for Birds & Larval Host for Skippers





- * The following sources were used when gathering information & pictures for this native plant list:
- www.kansasnativeplants.com
 - www.plants.usda.gov
 - www.prairiemoon.com
 - www.prairienursery.com

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